

PM&R ALUMNI UPDATE

Department of Physical Medicine & Rehabilitation
VCU Health Systems, MCV Hospitals & Physicians
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VCU Celebrates Rehabilitation & Research

VCU Celebrates 50 years of Rehabilitation

In 1952, Herbert Park, MD, PM&R Chairman, led VCU in establishing MCVH inpatient rehab services. This center (currently known as the **Rehabilitation and Research Center**) will celebrate 50 years dedicated to restoring hope, function and quality of life to those with disabilities and as a center for internationally recognized research. A special presentation will be given by Dr. Park on April 12th in the South (Memorial) Hospital (Call 828-4233 for further info).

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For more information about the Dept .PM&R, faculty, publications, residents...visit our Website

[Http://www.pmr.vcu.edu](http://www.pmr.vcu.edu)

Or call Connie Hawkes at

(804) 828-4231

Henry Stonnington Delivers 2002 Alumni Presentation

The Department welcomed **Henry Stonnington, MD** for the 4th annual VCU PM&R Alumni Lectureship (entitled "Altered Awareness Syndromes") Feb 1, 2002. Dr. Stonnington is past Chairman (1983-88) of VCU PM&R and Medical Director of Sheltering Arms Hospital. Currently he is Clinical Professor of PM&R at Louisiana State University and Medical Director of Memorial Hospital in Gulfport, Mississippi. He is 1973 AAPM&R boarded and a nationally-known PM&R leader who received his MD at Melbourne University (50) and PM&R training at the Mayo Clinic (1969-72). He is also past Chairman, PM&R of the University of Missouri, Editor and Founder of Brain Injury and Pediatric Rehabilitation journals, Founder of International Association for the Study of Brain Injury, past recipient of the VCU/MCV Outstanding Achievement in Head Injury Award and frequent guest Examiner for AAPM&R. He is the recipient of numerous grants and is extensively published, especially in the areas of brain injury, arthritis and general rehab.

PM&R Research Update

MODEL SYSTEM GRANTS UPDATE:

Key investigators for both the TBI and SCI Model Systems Grants successfully presented "formative reviews" to the Department of Education, NIDRR & national external reviewers in Washington, DC in December.

ERICKSEN GETS TEACHING GRANT:

Congratulations to Jeff Ericksen, MD., Director of PM&R Consult Services, on his being awarded a VCU Center for Teaching Excellence Grant to obtain specialized 3-D software for teaching musculoskeletal topics.

This is the first such grant for our Department.

CIFU GETS AGING GRANT: David Cifu, MD, PM&R Chairman, has secured a 2 year grant from the Hartford Foundation and American Geriatrics Society to produce a "Geriatric Rehabilitation Study Guide" for the American Academy of PM&R, to be published in the *Archives PM&R* (Spring 2004).

DRAKE SELECTED FOR RESEARCH PROGRAM: Dave Drake, MD has been selected for a 4 year NIDRR Research Enrichment Program for young investigators. His project is "Nociception in Patients with Parkinson's, Before & After Deep Brain Stimulation".

SCI RESEARCH CONSORTIUM: A VCU SCI Consortium has been formed whose mission is to foster innovative basic science SCI research. Key collaborators include **Drs. Kap Holloway & Helen Filmore** (Neurosurgery), **William McKinley & Michelle Meade** (PM&R), **Elliot Sanders, Wayne Brooke-Devlin & Gary Wnek** (Chemical Engineering).

PARKINSON'S GRANT UPDATE:

The Department has begun a collaborative investigation with the College of William and Mary's Biomedical Engineering Department looking at "Auditory and visual cueing to improve gait in Parkinson's Disease." As part of the Department's PADRECC grant, **David Cifu, MD** and **Ron Seel, MD** will work on this interesting project at the McGuire VAMC.

PM&R Conference Update

Williamsburg TBI Conference Planning:

VCU & the Dept PM&R will sponsor the 26th annual Traumatic Brain Injury conference in Williamsburg, June 7-9. This year's conference will provide an opportunity to reflect on our past and consider the future. Speakers will include leaders in the field who will discuss clinical pathways, technology, team & family intervention, functional assessment, standards of care and clinical research.

SCI Symposium: The 10th annual SCI symposium was held October 26, 2001 in Richmond. Over 200 participants and 25 vendors attended. Keynote speakers were **Helen Filmore, PhD** and **Denise Lester, MD** and a "Virginia SCI Lifetime Achievement Award" was presented to **Walt Wilson**. Symposia feedback was excellent and plans for the 11th annual SCI symposium (fall 2002) are underway.

EMG Conference April 19th: VCU Dept. of PM&R will host its 3rd annual Electromyography conference on Friday, April 19, 2002. Course facilitator, **William Walker, MD**, states that the "target audience is PGY-3 and 4 residents and the program will also serve as a basic review for practicing EMGers". Plans call for a collaborative lecture representation from regional PM&R departments.

PM&R FACULTY UPDATE

WALKER Vice Chairman: Congratulations to Bill Walker, MD on his promotion to Vice Chairman for Clinical Care in the VCU Department of PM&R. Bill will direct the development of uniform Clinical Practice Guidelines and templates.

McKINLEY Vice Chairman: Congratulations to William McKinley, MD on his promotion to Vice Chairman for Education in the VCU Department of PM&R. Bill will continue as co-Director of the Residency Program (with a focus on education and research.) He will direct the educational program (for students, residents, and faculty).

Jeff Johns, MD, Associate Medical Director of the Rehab and Research Center at MCVH and PM&R Residency co-Director, has been selected (one of only 23 across the nation) as a participant in the AAP's Academic Leadership Development Seminar to be held February in Las Vegas.

Dave Cifu, MD was one of 40 nationwide leaders in Brain Injury rehab invited to attend the 2nd Annual Galveston BI Conf (Galveston, Texas) Nov 1-4, 2001. Dr. Cifu was one of 3 conference leaders in a workshop focusing on the development of a minimum dataset for individuals with TBI.

David Cifu, MD and Robert Walker, MD (PGY3) attended the annual meeting of the AAPM&R Board of Governors at the Caribe Hilton in Puerto Rico from February 7-10. Dr. Cifu recently joined the Board as a Member-at-Large and Dr. Walker is current president of the AAPM&R Resident Physician Council (the third year that the RPC has been headed by one of our residents - previously Drs. Drake and Gadi).

David Drake, MD has been named as Medical Director of Sheltering Arms Rehabilitation Hospitals new Pain Management and Functional Restoration Program. Located at SARH's Bremo Road location, this program utilizes a psychologically-based, interdisciplinary approach to pain management.

Dr. White Joins PM&R Faculty

VCU Department PM&R welcomes **Joy White, MD** to our clinical faculty. Dr. White is a graduate of University of Penn (BS), completed her MD (1997) and PM&R residency training (1999-02) at Virginia Comm Univ. Joy will join as a Brain Injury Fellow and Assistant Professor of PM&R.

PAPER GETS 2001 RESEARCH WRITING AWARD:

Congratulations to authors **William McKinley, MD, Ron Seel, PHD, RK Gadi, MD & Mike Tewksbury, MA** whose paper "Nontraumatic vs Traumatic SCI: A Rehab Outcome Comparison" (September issue of the American Journal PM&R) was selected as the winner of the 2001 Association of Academic Physiatrists (AAP) "Excellence in Research Writing Award". The recipients will receive plaques at the AAP meeting in Las Vegas, February, 2002.

Alumni In The News!!!

Ralph Buschbacher (92) was inducted into the Martial Arts Hall of Fame on August 11, 2001. The ceremony was held in Tulsa, Oklahoma.

Bruce Stelmack (92) was named Roanoke (Va) PM&R MD of the year. Way to go Bruce!

Chris Hinnant (94) sent us an Xmas card detailing another year of work and fun in San Francisco, including much soccer, golf and exotic vacations. Doesn't all that fun get boring?

Darryl Kaelin (95) was keynote speaker on "Evidenced Based Rehab" at Brooks Rehab Hospital (Fla). DK stays busy as Medical Director at Hook Rehab Center, Indianapolis.

Suzanne Groah (96) and Steve announced

the birth of Abby (9/01). I've seen the pics and she is a cutie!

John Baird (96) writes us from Louisville to tell us this is where his new roots are with family, including one year old twin daughters (Shelby and Brianna).

Jeff Johns (99) and Gigi welcomed the arrival of their twins, Avery and Sydney (11/01). All are doing well.

David Ripley (00) has been appointed Director of Post-Acute Services & Director, Brain Injury Research at Shepherd Center, Atlanta, Ga.

Nayyer Mujteba (02) and wife Samaira welcome daughter Sunna (01/02).

Matthew Gibelatto (03) and wife Anna welcomed son Matthew David (9/01).

David Cifu has been named to the Board of Governor's of the newly formed Brooks Health Research Center located at both the University of Florida (Gainesville) and Brooks Rehabilitation Center (Jacksonville). He will work as a consultant with the Center's new director Pam Duncan, Ph.D, PT. Dr. Cifu was invited to join the board by alumnus

Deborah Stewart, MD, who is Medical Director of the Brooks Rehabilitation Center.

Flax Honored: Herman J. Flax, M.D., a 1940 graduate of the VCU School of Medicine and current Emeritus Professor in the VCU Dept of PM&R, has been named the 2002 MCV Alumnus of the Year! Dr. Flax who gained international recognition leading PM&R in Puerto Rico for more than 40 years, will be recognized for his ongoing support of the Dept of PM&R and the School of Med. In addition to regular lectures and grand rounds, he has endowed a Professorship and a Resident Research and Education Fund, and donated a valuable collection of historic medical texts (housed in the Tompkins-McCaw Library). He will receive his award at the annual MCV Alumni Weekend in April.

VCU Announces 1st PM&R Pain Fellowship

We are pleased to announce this country's 1st ACGME-accredited PM&R PAIN FELLOWSHIP, supporting the depts mission of further developing evidence-based academic, research and clinical programs. It is a joint venture of PM&R (**Dr. Derek Burnett**, Director & **Dr. David Drake**) and Anesthesia (Dr **Denise Lester**) thru VCU/MCVH, the Hunter Holmes McGuire VA Medical Center, Children's Hospital and Sheltering Arms Hospital.

UPDATE US !!!

Please take a moment to tell us noteworthy news about you, your job, and/or your family, new practice opportunities, certifications, grants, presentations, papers, relocation, travel, etc. Send updates to Dr. Wm. McKinley, MCV/PM&R, Box 980661, Richmond, VA 23298-0661 FAX# (804) 828-5074
E-MAIL wmckinle@hsc.vcu.edu

PM&R ALUMNI GET PUBLISHED!

(Recent publications by VCU PM&R & alumni)

Brokaw J, Gardner M, Walker W. "Observation of Sitting and Standing Tolerance in Chronic Pain Patients". Archives PM&R 82; 1322: 2001.

Cifu D, Wehman P, McKinley W. "Determining Impairment Following SCI". PM&R Clinics of North America 12, 3, August 2001.

Greenwald B, Seel R, Cifu D. "Gender-Related Difference in Acute SCI". Archives PM&R 82; 1181-7: 2001.

Groah S, et al. "Neurological Level of Injury and Symptomatic CVD Risk in Aging SCI". Spinal Cord 39 (6): 310-7: 2001.

Huang M, Kruezer J. "Functional Outcomes and QOL in Pts with Brain Tumors". Archives PM&R 82:1540-6: 2001.

Johns J, Huang M, White J. "DVT after Lower Extremity Amputation". Archives PM&R 82; 1334: 2001.

Kolakowsky-Hayner SA, Miner KD, Kruezer JD. "Long-term life quality and family needs after TBI". J Head Trauma Rehab 16(4) 374-385.

McKinley W, Mujteba N, Tewksbury M. "Spinal Stenosis vs Traumatic SCI: A Rehab Outcome Comparison". Arch PM&R 82; 1291: 2001.

McKinley W, Seel, Gadi, Tewksbury. "Nontraumatic vs Traumatic SCI, A rehab outcome comparison". Amer Jnl PM&R 80: 693-9, 2001.

Murphy N, Irwin M, Leshner K. "Intrathecal Baclofen Rx in Children with Cerebral Palsy". Archives PM&R 82; 1326: 2001.

Niemeier J, Cifu D. "The Lighthouse Strategy: Improving Function After Stroke and Brain Injury". Topics Stroke Rehab 8(2): 10-18, 2001.

Seel R, Huang M, Cifu D, McKinley W "Age-related diffs in LOS, Cost & Outcomes in Paraplegia". Jnl Sp Cord Medicine 24: 241-50, 2001.

Slater D, Burnett D, Kolakowsky S, Cifu D. "Ethnographic Analysis of Pts with Traumatic Brain Injury". Arch PM&R 82; 1302: 2001.

Walker W, Cifu D, Gardner M, Keyser-Marcus L. Prediction of functional assessment in chronic pain. Am J Phys Med Rehab 80:162-168.

RESIDENTS' CORNER

VCU RESIDENTS to ATTEND, PRESENT and be RECOGNIZED at AAP

Several Residents will represent VCU PM&R at this years Association of Academic Physiatry (AAP) meeting in Las Vegas (2/02), including: **R. K. Gadi MD, Nayer Mujteba MD, Abu Qutubuddin MD, and Joy White MD.** Dr. White will be presenting a poster on "DVT after Lower Extremity Amputation". Dr Gadi will be receiving a plaque for his co-authorship of the "2001 AAP Excellence in Research Writing" Award.

Residents Staff National PM&R Council

VCU PM&R residents continue their "key" involvement in the AAPM&R **Resident Physician Council (RPC).**

Current Officer & committee positions include:

Rob Walker – President

RK Gadi – Past President

Jake Brokaw – Membership Comm

Merle Orr – By Law & Strategic Planning Comm

Dan Slater – Athletes with Disability "Chair"

Sports Medicine Opportunities for Rehab Residents

This years Sports Med exposure for VCU PM&R residents was spearheaded by **Chris Godbout, MD (PGY-3)** and **Merle Orr, MD (PGY-2)**, resident Sports Med Coordinators. Residents assisted with coverage of VCU's Men's and Women's Basketball and Baseball. Additional opportunities arose to provide team coverage for Men's and Women's Soccer, Volleyball, and Women's Field Hockey. VCU Faculty event-coverage and lecture assistance has been provided by **Dave Drake, MD (PM&R)**, **Drs. Tom Loughran** and **Wilhelm Zuelzer (Ortho)** and **Todd Kraft (VCU Sports Medicine Center).**

Welcome!!

Wanda Carlton, our new Dept PM&R Residency Coordinator/Program Secretary. You can reach her at 804-828-4233. Glad to have you on board!

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