

PM&R ALUMNI UPDATE

VCU Department of PM&R
VCU Health Systems
MCV Hospitals and Physicians
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VCU PM&R CELEBRATES ACHIEVEMENTS

RRC RECEIVES CARF ACCREDITATION: The Commission on Accreditation of Rehab Facilities (CARF) has awarded VCUHS with the maximal three year accreditation for its Comprehensive Inpatient Rehab, Spinal Cord Injury and Brain Injury Programs.

We continue to be the only facility in the Commonwealth of Virginia with accreditation in these three adult inpatient rehabilitation programs.

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For more information about the Dept .PM&R, faculty, publications, residents...visit our Website

[Http://www.pmr.vcu.edu](http://www.pmr.vcu.edu)

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50TH ANNIVERSARY LECTURE RETURNS TO SOUTH HOSPITAL: PM&R Grand Rounds held on April 12 were in commemoration of the 50th anniversary of inpatient rehabilitation at MCVH. **Dr. Herb Park**, the founding medical director, invited former staff / patients to South (or Memorial) Hospital's preserved surgical amphitheater. Among the former pts sharing their experiences were former **Lt. Governor John Hager** on the importance of hopes, goal setting and his appreciation to Dr. Park and other staff for support through the early rehab process. Also assisting in the presentation was **Ms. Sue Hirt**, the founding chair of the MCV School of Physical Therapy (in 1946) and the first technical director of the inpatient rehab program. The audience was truly entertained with the reflections of what issues faced patients and providers fifty years ago and the comparison and contrast with current practice.

Department Welcomes New Faculty

Jay Neufeld, MD, MSPH joins the Dept of PM&R as Chair of the division of Pediatric Rehab. Jay is double-boarded in PM&R and Peds (trained at RIM/Wayne State) and has his masters in public health from UNC-Chapel Hill. He will work with Eugene Monasterio, MD at Children's Hosp by directing inpatient/sub-acute programs and expanding peds consultation services at MCVH and community.

The Dept. PM&R is excited to welcome **Brian McMahon, PhD** (Prof in Dept Rehab Counseling) as a more permanent collaborator within our dept. Brian is a nationally respected clinician, educator, and researcher with a long track record of successful grantsmanship and solid governmental relationships. He has been a strong ally in a number of recent PM&R activities and will allow stronger collaboration within VCU. Brian will be working with Drs. Kreutzer, Wehman and Cifu on an upcoming NIDRR grant and will take an active research leadership role in our SCI Model Systems program and our emerging Human Performance/Pain research.

Kreutzer: Moody Award Recipient

Jeff Kreutzer, PhD, Director of Neuropsychology & PI of TBI Model Systems, has been selected for the 2002 Moody Award from the Moody Foundation in Galveston. The Foundation is one of the leading philanthropic organizations dedicated to advancing research, clinical programs, and advocacy for individuals with TBI. Winning it distinguishes him as a worldwide leader in the field. Congratulations on this lifetime achievement!

Henry Stonnington, MD (past VCU PM&R Chairman 1983-88) was selected as one of the recipients of the "Distinguished Clinical Award" by the American Academy of PM&R. This award honors individuals who have achieved distinction for scholarly or clinical activities and with significant contributions to the Academy. The award will be presented November 22 at the AAPM&R meeting.

FACULTY/RESIDENTS TO PRESENT AT AAPM&R/APS MEETINGS

**AMERICAN ACADEMY OF PM&R
(Orlando, Nov. 21-23, 2002)**

- "Sitting/Standing Tolerance in Chronic Back Pain". Brokaw, Walker, Cifu
- "Rehab Outcome in GBS". Godbout, McKinley
- "Grief Reactions following SCI". Gibellato, Niemeier, McKinley
- "Factors Affecting Recreation after SCI". Slater, Meade, McKinley
- "Headache after TBI, relation to severity and neurobehavior". Walker, Seel
- "Donepezil in acute TBI rehab: a matched trial". Gibellato, Walker, Seel
- "Analysis of worker compensation claims at VCU". Walker, White

APS MEETING

(LAS VEGAS, Sept. 4-6, 2002)

- "Vocational Outcomes in SCI". Meade, Kreutzer, Tewksbury, McKinley

VCU DEPT OF PM&R CONFERENCE UPDATE

The 26th annual **Williamsburg Brain Injury Conference** was held June 7-9, 2002, co-sponsored by VCU Department of PM&R and TBI model system. **Dr Jeff Kreutzer** served as course facilitator.

The 3rd annual **EMG Conference** was held at VCU in March and included lectures from across Virginia and North Carolina. This conference serves as an educational experience for PM&R residents and practitioners from the mid-Atlantic Region. **Bill Walker, MD** served as course facilitator.

VCU/MCVH will host its 11th annual **SCI Symposium**, September 29-30 in Virginia Beach and will feature keynote speakers Jim Rothrock (DRS Commissioner), Mike Boninger MD (Univ. Pitt.) & **Wm McKinley MD**. For more info please contact conference manager Mike Tewksbury at 804-828-0861 or email matewksb@hsc.vcu.edu.

PM&R ANNUAL AWARDS

Several annual departmental awards were conferred at the PM&R Resident Graduation Dinner in June, including:

- "*H.J. Flax Resident Academic Leadership Award*" - **R.K. Gadi, MD**
- "*Resident Clinician Award*" - **Nayyer Mujteba, MD**
- "*Faculty Teaching Excellence Award*" - **David Drake, MD and Derek Burnett, MD**
- "*Chairman's Initiative Award*" - **Macon Sizemore**
- "*Friends of the Dept Award*" - **Richard Kennedy, MD and Jack Carrol PhD**

PM&R FACULTY UPDATE

Jeff Johns assumed the role as RRC Medical Director with **Bill Walker** as Associate Medical Director. Jeff also worked as site PI for a multi-center DVT study database and is serving as faculty liaison for a VCU PM&R student interest group.

David Hess, PhD recently completed writing the American Association of SCI Psychologists and Social Workers Handbook of Advocacy Guidelines for Professionals. Dr. Hess was recently elected to the Board of Directors for AASCIPSW.

Jeffery Ericksen, M.D., Director of PM&R Consultation Services at MCVH, will become Director of Rehabilitation Services at the Retreat Hospitals' Specialty Care Unit. He will also develop outpatient musculoskeletal clinics in cooperation with the Sheltering Arms Rehab programs, the Ambulatory Care Center, and the McGuire VAMC.

Tim Silver, M.D., Asst Prof PM&R and Chief of PM&R Services at the McGuire VAMC, will become Director of Rehab Services at the Cumberland Hospital for Children/Adolescents. He will also be beginning a Fibromyalgia Program in cooperation with the Sheltering Arms Rehab programs.

William Walker, M.D., Vice-Chair for Clinical Care in the VCU Dept PM&R, became Director of the Brain Injury Rehab Services at MCVH in June. He will also become the Associate Medical Director of the RRC. Dr. Walker will continue to lead Brain Injury services at the McGuire VAMC through the Defense and Veteran's Head Injury Program (DVHIP) grant.

David Cifu, M.D., *The Herman J. Flax, M.D.* Prof and Chair of the VCU Dept of PM&R, will become Chief of PM&R Services for the VCU Health System with the upcoming integration of all rehabilitation activities (acute care, RRC, outpatient). **Drs. Jeff Erickson** (Acute Care) and **Jeff Johns** (RRC, outpatient) will provide medical direction of the new integrated system.

Dr. Cifu was a Visiting Professor at Emory University's Dept PM&R from 6/20-21 lecturing on medical Rx of TBI and post-trauma seizures, consulting the Dept's Pain Program and served as judge for their annual Resident Research update. While in Atlanta, he visited former VCU Dept PM&R residency graduates, **David Ripley, MD** and **Mike O'Grady, MD**.

David Drake, M.D., Rehab Director of Pain Management at the McGuire VAMC and the Sheltering Arms Rehab programs, coordinated musculoskeletal physical exam lectures to the 2nd Year VCU Med Students. PM&R faculty and residents assisted in the outstanding annual effort.

Derek Burnett, M.D., has returned home to St. Thomas USVI to set up PM&R services and become co-director of Caribbean Rehab Medicine Associates (CARMA). He will retain an adjunct faculty appt. at VCU. Good Luck Derek!

William McKinley, M.D., and **Mike Tewksbury, MBA**, will head up VCU as a national phase 3 test site for 4-Aminopyridine for individuals w/incomplete SCI, funded by Acorda Therapeutics.

Earl Craig (96) checked in from Bloomington, IN. He states that family and Indiana basketball are well.

Doug Wisner (98) will be joining **Robert Wagner** (99) at the Ctr for Physical Medicine & Pain Management and will be moving to Washington, DC with wife and daughter.

J.T. Hardman (99) and Tita announce the birth of daughter, Mikayla.

David Ripley (00) and Marian announce the arrival of Michael West Ripley (5/02) who joins brother Bryan.

Zach Swartz (00) and Susan announce the arrival of Ryan Christopher (1/02).

Herman J. Flax, M.D. 1940 grad of the MCV and Emeritus Prof of the VCU Dept PM&R, presented the Dept PM&R grand rounds May 10th. He discussed the unique aspects of 60 years of physiatrist experience.

Richard Salcido, MD (89) has been invited as VCU Dept. PM&R Alumni lecturer for 2002-03. "Sal" is currently PM&R Chairman at Univ of Penn.

PM&R FELLOWSHIPS FILL FOR 2002-03

PAIN FELLOW: David Kim (NYU)

PAIN FELLOW: Sergey Iliyev (Odessa Univ., UK)

2002 PM&R RESIDENT GRADS



Congratulations to our
resident grads who will
begin their new careers:

R.K. Gadi, MD - Colorado Rehab & Occ med,
Denver Co.

Nayyer Mujteba, MD - Mary Washington
Hospital, Fredericksburg, VA

Abu Qutubuddin, MD

Joy White, MD - Desert Ortho Center, Rancho
Mirage, CA

PM&R FACULTY/ALUMNI GET PUBLISHED!

Murphy N, Irwin N, "Intrathecal Baclofen Therapy in Children with Cerebral Palsy". (accepted, [Archives of PM&R](#))

Groah S, et al. "Excess risk of Bladder Cancer in SCI". [Arch Phys Med Rehabil](#) 2002;83:346-51.

McKinley W, Tewksbury M, Mujteba N. "Spinal Sten vs Traumatic SCI, Rehab Comp", [Jnl Sp Cord Med](#), 25(1): 28-32, 2002.

McKinley W, Groah S, et al. "Medical Complications After SCI". [Archives PM&R](#) 83: S58-64, 2002.

Groah S, McKinley , et al. "Preserving Wellness of the Aging SCI Pt: Primary Care Approach ". [Archives PM&R](#) 83: S82-9, 2002.

McKinley W. "Nontraumatic Spinal Cord Injury". Kirshblum, Editors. [Spinal Cord Injury Medicine](#), Lippincott, 471-79, 2002.

Silver T., McKinley W. "Functional Outcome by Spinal Cord Level of Injury". [E-Medicine](#), 2(12) 2001.

Keyser-Marcus L, Wehman P, Cifu D, et al. Acute predictors of return to employment: [Arch PM&R](#) (83) 635-641, 2002.

Walker W, Cifu D, Keyser-Marcus L, Metzler M. Functional assess in chronic pain patients: [Am J PM&R](#) 80 (3) 162-168, 2001.

Yasuda S, Wehman P, et al. Return to work after Traumatic Brain Injury. A review of literature. [Am J PM&R](#) 80(11): 852-864, 2001.

Marwitz J, Cifu D, et al. Analysis of rehospitalizations five years after brain injury. [J Head Trauma Rehab](#) 16(4):307-317, 2001.

Ericksen J, Cifu D, Burnett D. Neuropharmacologic agents in return to work after TBI. [Brain Inj Source](#), 4(1):32-34. 2001.

Kreutzer J, Kolakowsky-Hayner S. Family aspects of return to work after brain injury. [Brain Injury Source](#) 5(1):20-21, 45, 2001.

Kreutzer J, Kolakowsky-Hayner S, Ripley D, Cifu D, et al. "Charges & LOS for acute TBI. [Brain Injury](#) 15(9): 763-774, 2001.

Walker W, et al. "Maximizing Outcome in Veterans with TBI". [VA Primary Care](#): 5-8, June 2002

RESIDENTS' CORNER

RESIDENTS REGAIN "CHALLENGE CUP"

Congratulations to the PM&R Residents for successfully regaining the "PM&R Sports Challenge Cup" in a closely contested billiards display led by "Cue Ball" Gadi, "Minnesota" Matt, "Chalkdust" Chris, "Lucky" Patel & "Billiards" Dan (among other notorious characters). Stay tuned for next year's challenge...

VCU DEPT PM&R WELCOMES NEW PGY-2 RESIDENTS (CLASS OF 2005)

HENRY BRIDGES, MD
RALPH BRUTUS, MD
DALLIN DEMORDAUNT, MD
JASON FRANKEL, MD
NORMAN MCCOOMER, MD
KATRINA LESHER, MD

PM&R MATCHES CLASS OF 2006 (TO BEGIN 7/2003)

SHIMUL BANSAL, NORTHEASTERN OHIO UNIV
WILLIAM BECKWORTH, LOMA LINDA UNIV.
ANDREW HOU, VIRGINIA COMMONWEALTH UNIV
SHANE MCNAMEE, MEDICAL COLLEGE OF OHIO
BENJAMIN SEEMAN, DES MOINES UNIV.

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WE'RE ON THE WEB

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Residents In The News...

Jake Brokaw (PGY-4) was April's keynote speaker at AMSA-CAM, presenting "Complementary and Alternative Med, a state-of-the-art update". Jake's Grand Rds on this topic was selected for Grand Rds of the Year award.
Lisa Enders (PGY-3) is regional managing editor of "Rehab in Review", for PM&R Jrnl articles.
Matt Gibellato (PGY-4) was selected as "Vice Chief Resident" in charge of Resident Education & Recruitment for 2002-3. Congrats Matt!

DAN SLATER PM&R CHIEF RESIDENT 2002-03

VCU/MCV Dept. PM&R is excited to announce **Dan Slater, MD** as PM&R Chief Resident for the upcoming year. Dr. Slater received his MD (1999) from the University of Utah. He brings to this position a solid history of clinical, academic, interpersonal and research skills. Congratulations Dan! (PS our sincere thanks to **RK Gadi, MD** for his exceptional efforts as Chief Resident 2001-02. Thanks RK!)

UPDATE US !!!

Please take a moment to tell us noteworthy news about you, your job, and/or your family, new practice opportunities, certifications, grants, presentations, papers, relocation, travel, etc.). Send updates to Dr. Wm. McKinley, MCV/PM&R, Box 980661, Richmond, VA 23298-0661 FAX# (804) 828-5074
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