

TREATMENT AND REHABILITATION SERVICES

Living with neurological disability can be hard for patients and the people close to them.

The **Neuropsychology and Rehabilitation Psychology Service** provides a variety of helpful treatment and rehabilitation services, including:

- ☑ Supportive individual psychotherapy
- ☑ Family support, counseling, and education
- ☑ Marital therapy
- ☑ Behavior management
- ☑ Stress management and relaxation techniques
- ☑ Pain management
- ☑ Academic planning, counseling, and consultation
- ☑ Vocational planning and reentry
- ☑ Referral to providers and agencies



Neuropsychology and Rehabilitation Psychology Services

**Department of Physical Medicine and Rehabilitation,
Virginia Commonwealth University Health System**

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Neuropsychology and Rehabilitation Psychology Services



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The **Neuropsychology and Rehabilitation Psychology Service** is dedicated to helping patients with traumatic brain injury, stroke, brain tumors, spinal cord injury, learning disabilities, chronic pain, and other neurological disorders. As part of an internationally recognized academic medical center, we provide a full spectrum of treatment, treatment planning, consultation, and referral services. We are also designated by the National Institute on Disability and Rehabilitation Research as a Brain Injury and a Spinal Cord Injury Model System of Care. As part of our educational mission, we sponsor a broad array of workshops for consumers and professionals.

ABOUT OUR DIRECTOR

Dr. Jeffrey S. Kreutzer, a board certified licensed clinical psychologist, is a Professor at Virginia Commonwealth University with appointments in the Departments of Physical Medicine and Rehabilitation and Neurosurgery. A founding member of the Virginia Brain Injury Association, Dr. Kreutzer was the 1994 winner of the National Brain Injury Association's Clinical Service Award. With 20 years of program development, clinical care and research experience, he has published many books and articles about neurological injury and rehabilitation.

Our mission is threefold...

- 1 Arrange and provide treatment based on a thorough evaluation of patient's unique needs and goals.
- 2 Provide individuals, families, and professionals with support and educational information about neurological conditions.
- 3 Improve care and advance the understanding of neurological disorders through research.

EVALUATION SERVICES

We provide neuropsychological, psychological, pain, learning and academic disability, differential diagnosis, and competency evaluations. Independent evaluations for litigation or insurance purposes are also available.

Recommendations to improve quality of life are an important aspect of the evaluation. Following each evaluation, we provide a copy of our report and meet with patients and family members to give helpful feedback.

Our **neuropsychological evaluations** and reports identify strengths and weaknesses related to memory, learning, attention, reasoning, academic, visuoperceptual, motor, and other important abilities.

Our **psychological evaluations** measure levels and sources of emotional distress. Strategies used for coping with emotional difficulties and the impact of coping strategies on stress and pain management are also examined.

With regard to evaluation services, **referral sources often ask us to:**

- ☑ identify abilities after onset of a neurological condition or before and after surgery
- ☑ measure improvement and predict the course of recovery
- ☑ determine competence to manage finances, live independently, drive, or manage medication
- ☑ detect learning disabilities and develop a plan for academic success
- ☑ explore ability to return to work; describe limitations and recommend accommodations
- ☑ measure the effects of pain, and identify effective pain management strategies

